



Community Health Needs Assessment 2023

Progress Report



NEMOURS
CHILDREN'S HEALTH

Well Beyond Medicine

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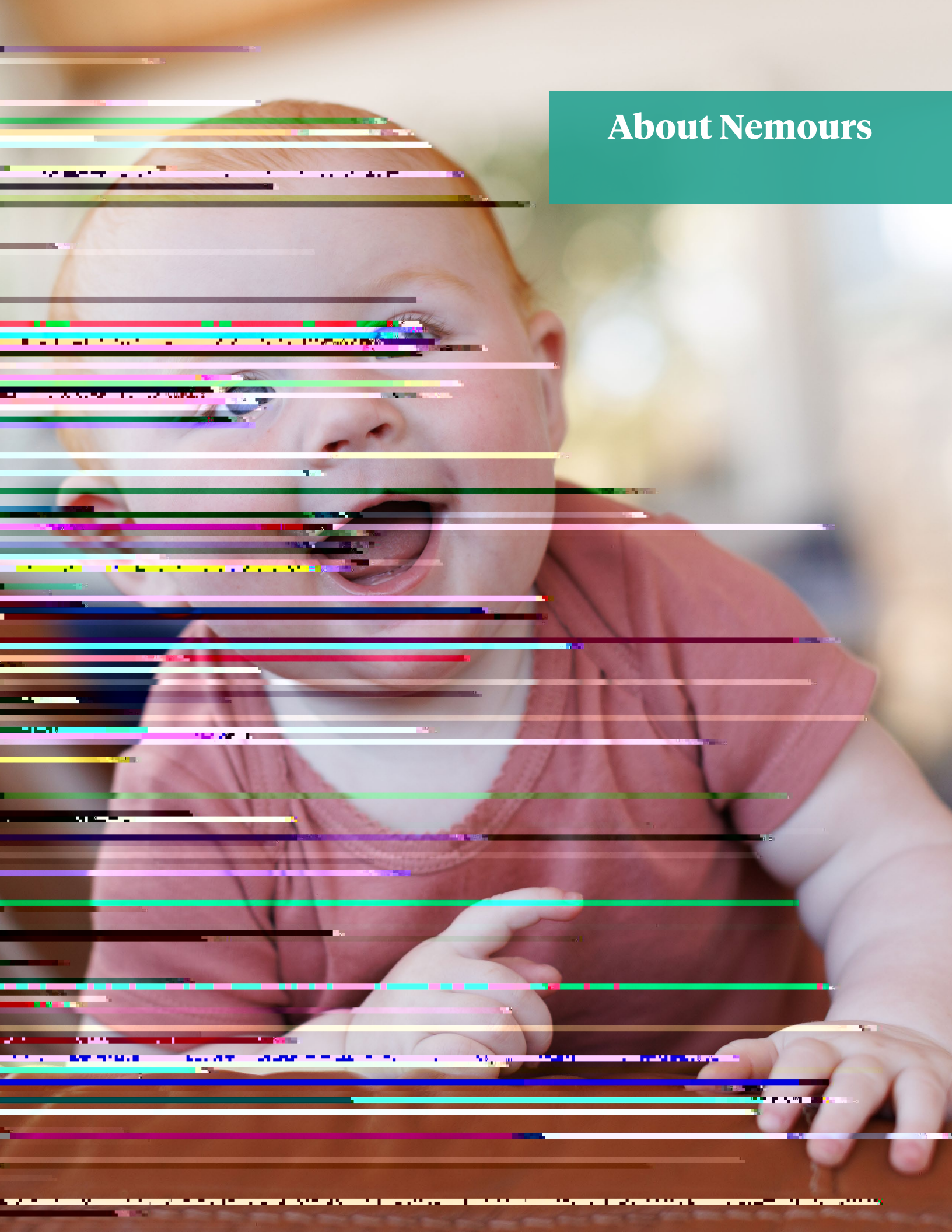
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About Nemours



Abo — Nemo — Children's Health

We are one of the nation's largest multistate pediatric health systems, which includes two free-standing

Community Health Needs Assessment



Community Health Needs Assessment

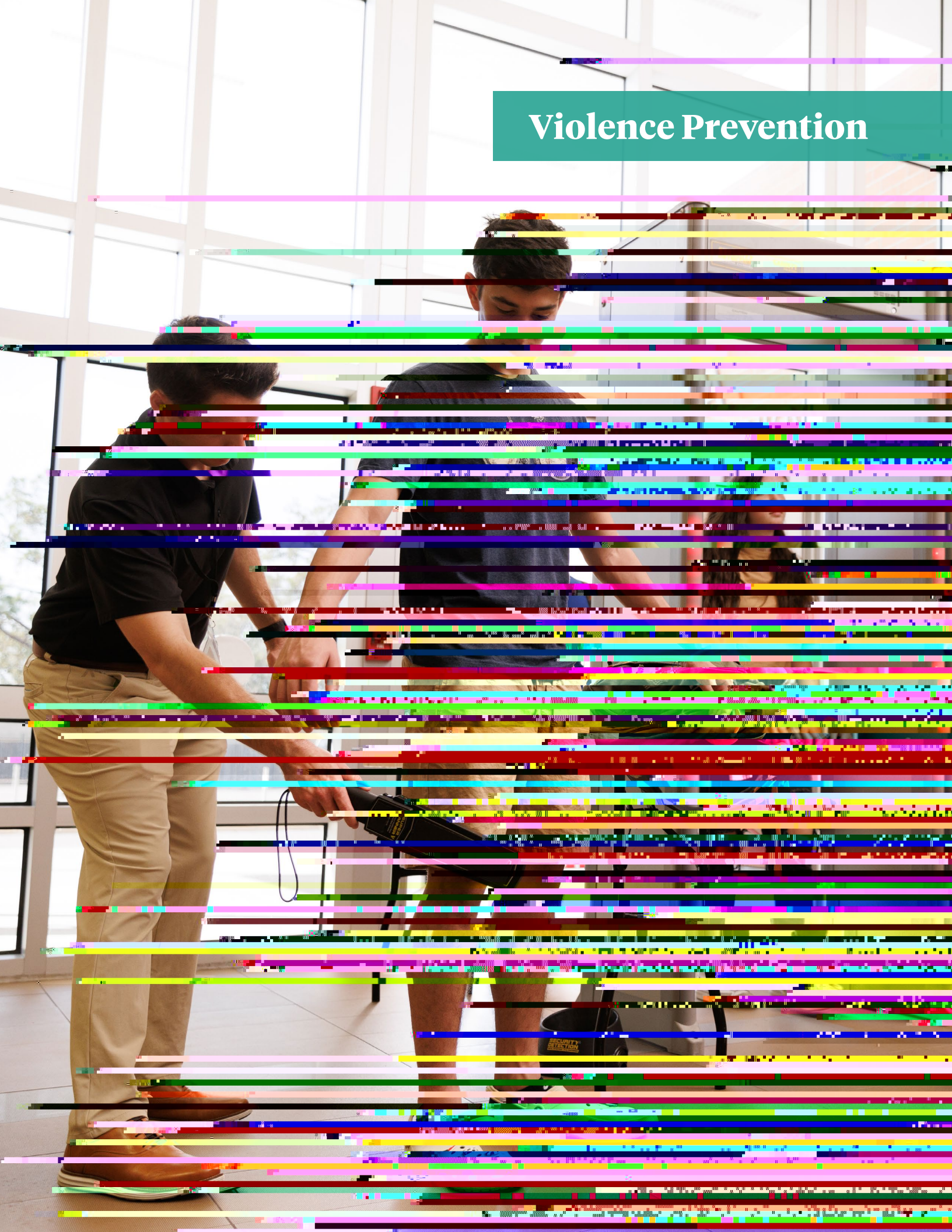
Every three years, we conduct a CHNA in compliance with requirements in the Affordable Care Act. Since 2016, the CHNA has allowed us to obtain a comprehensive data set on the health status, behaviors, and needs of children in our community, which for this assessment includes the three counties in the state of Delaware (New Castle, Kent and Sussex). This data informs a multiyear strategic plan to address community health needs.

Nemours Children's associates analyzed secondary data sources from the most up-to-date national, state and local sources to assess the health needs of the community, while taking into account input from members of the community, stakeholders and patient families. In 2022, our associates approached primary data collection differently than in years past. Instead of only asking the community "what" is wrong, we took the opportunity to draw from multidisciplinary expert panel discussions, in conjunction with information collected from over 30,000

Ranking	Health Care Access, Behaviors, Outcomes	Totals (n=537)	Social Determinants of Health	Totals (n=481)
1	Access to mental health care	297	Youth Activities and Opportunities	226
2	Mental Health/Trauma	206	Affordable Health Homes	180
3	Access to Medical Health Providers	188	Community Crime or Violence	174
4	Access to Dentists	142	Education	163
5	Substance Use/Misuse	125	Economic Development/Jobs	154
6	Not Enough Assistance/Resources to Health With Basic Needs	122	Environment/Air Quality	151
7	Nutrition	101	Transportation	122
8	Sexual/Reproductive Health	58	Food Insecurity	105
9	Asthma/Other Respiratory Conditions	51	Lack of Access to Affordable/Reliable Internet	37
10	Access to Necessary Rx/Med Devices/Therapies (\$\$\$)	41	-	-

Senior leaders at Nemours Children's examined this information to identify the top two focus areas to be incorporated into our 2023–2025 CHNA Implementation Plan. In addition to considering the magnitude and severity of issues, the impact of these issues on the most vulnerable populations, resources available, areas in which we should be partnering with other key stakeholders, and the feasibility of addressing these issues over the next three years — our leadership also reviewed key SDOH screening tool data from thousands of patient families. This is in alignment with the 2020–2022 CHNA Implementation plan, which includes a specific goal around the use of SDOH screening tool data to inform strategy and recommendations in future iterations. Food insecurity remained a top three-identified need based on screening results over the previous 12 months. Based on these results, coupled with food insecurity landing within our top 10 coo with food ied wit2.1 (en[on these r)22.1 222)26 (s)

Violence Prevention



Initiative

- Identify opportunities in education for patients, families and providers that promote evidence-based health and safety measures for the reduction of preventable death and injury due to gun violence.

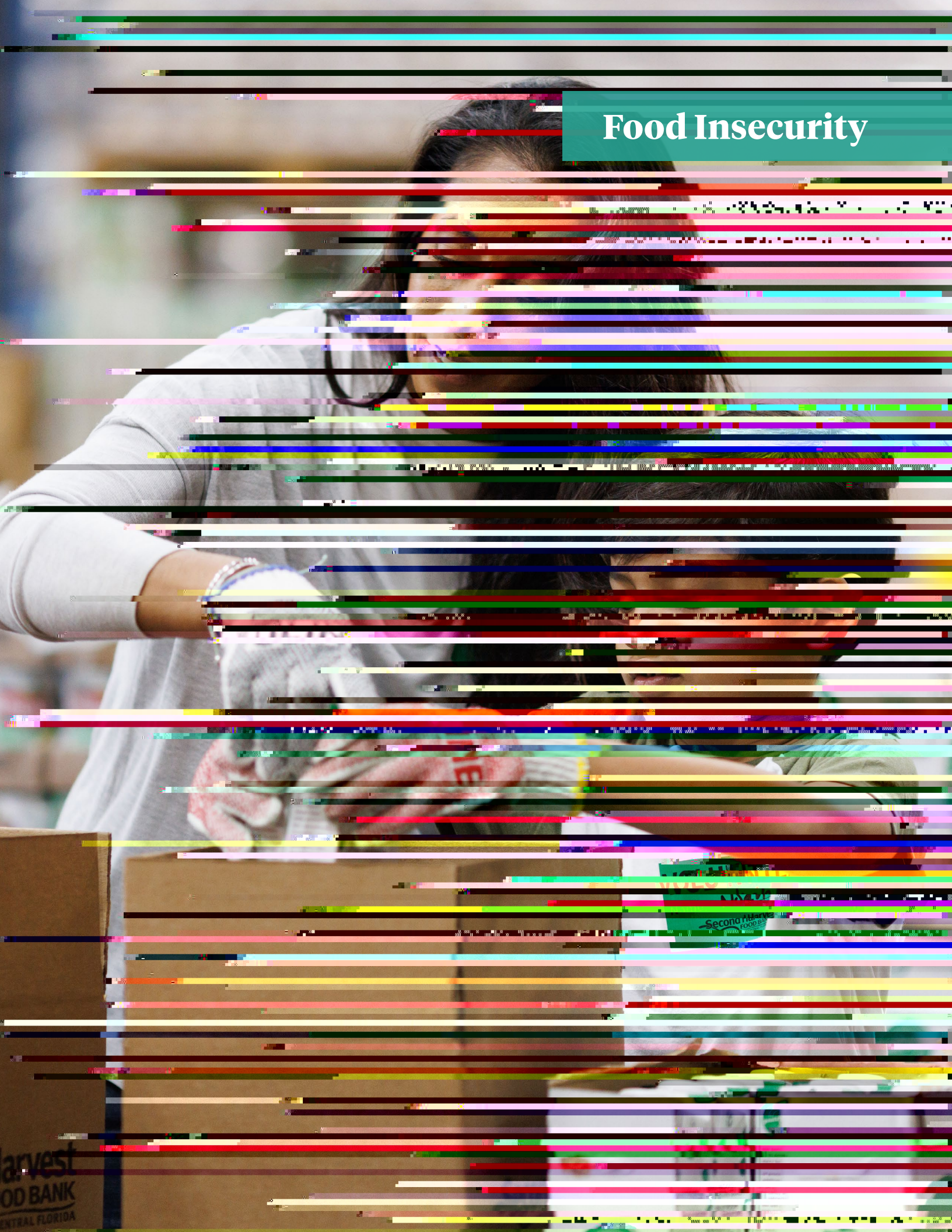
Goals

- Develop and disseminate parent/caregiver educational materials in all 12 Delaware practice locations and at least one digital platform (i.e., Nemours app, Nemours website) by the end of Y2 (Formerly 12/31/23, now December 31, 2024).
 - **Status:** On Hold until Y2. Due to a significant reduction in workforce, as well as changes within the organizational structure, the direct impact of the CHNA, this initiative was placed on hold in Y1. The CHNA team has been working diligently to maintain our relationship with the partnering organization so that we are well-positioned to resume all activities on January 1, 2024. We have revised the timeline accordingly to reflect this.
- Operationalize a supply pathway for the distribution of universal gun locks to eligible patient families by the end of Y2, Q2 (June 30, 2024).
 - **Status:** On Track. Nemours Children's has identified a gun lock repository through the Delaware Veterans Association and is working with our partners at the Coalition for a Safer Delaware to operationalize a platform for access and distribution.
- Develop and publish a provider-centric, online, trauma-informed violence prevention training on Nemours University by the end of Y3 (Formerly 12/31/2024, now December 31, 2025).
 - **Status:** On Hold/Under Revision. Due to a significant reduction in workforce, as well as changes within the organizational structure, the direct impact of the CHNA, this initiative was placed on hold. In the interim, the CHNA team remained steadfast in progressing progress whenever possible. To this end, we continued to expand our network and broaden the violence space which has further shaped our understanding of specific training methodologies that would be most impactful. We are currently working on a new roadmap that reflects this growth and will report on those specifics in Y2. We have revised the timeline accordingly to reflect this.
- Achieve a 75% completion rate of the trauma-informed violence prevention training by the end of Y3 (December 31, 2025).
 - **Status:** Under Revision based on new information (see Goal 3). Updated goal language will be included in the Y2 progress report.

Metrics

- Final approval of parent/caregiver educational materials
 - **This metric will be reported on in Y2.**
- Educational materials printed and delivered to all 12 Delaware practices.
 - **This metric will be reported on in Y2.**
- Educational materials adapted and published on one or more digital platforms.
 - **This metric will be reported on in Y2.**
- Gun lock repository secured.
 - **This deliverable is complete (Y1).**
- Distribution pathway approved.
 - **This metric will be reported on in Y2.**

Food Insecurity



Harvest
FOOD BANK
CENTRAL FLORIDA

Food Insec

Children exposed to food insecurity are of particular concern given the implications posed to the child's health. Malnutrition during the first 1,000 days of life can have irreversible effects on a child's physical and cognitive development. In addition to immediate health impacts, food insecurity can also have long-term consequences for a child's overall well-being. Children who experience food insecurity may be at a higher risk for chronic health conditions, such as obesity and diabetes, later in life. The 2022 CHNA revealed that approximately 50% of households in Delaware with children under the age of 18 participate in the Supplemental Nutrition Assistance Program (SNAP). Additionally, nearly 1 in 4 (22%) of survey participants report having to cut the size of meals because there was not enough money in the budget for food. Therefore, it is important for Nemours Children's to address food insecurity to help mitigate the negative impacts it has on children in the communities we serve.

To address the identified needs reflected in the 2022 CHNA, a series of meetings were held with external stakeholders and key Nemours Children's staff (i.e., social workers/care coordinators) to determine a path forward. During these discussions, information routinely collected from patients and families around specific barriers to securing food was utilized in conjunction with assessment results and professional expertise to ensure an effective and responsive action plan. These planning sessions yielded the following themes aligned with evidence-based best practices:

- A recognition that there is food available via the Food Bank of Delaware and other resources.
- Access to food bank locations is a challenge (i.e., food pickups located on the racetrack that is approximately 3/4 of a mile away from a bus stop)
- Items are difficult to transport long distances if a patron does not have access to a vehicle and is either walking or using public transportation.
- Food boxes from some organizations can be prepacked with items that are not culturally appropriate (i.e., pork products) and, thus, go unused.
- Food boxes can often contain items unfamiliar to families who do not know how to prepare items.

We used these five points of information to begin shaping CHNA interventions in this area, as well as a call to action in terms of what additional stakeholders need to be at the table for implementation to be possible. For example, we reached out to the Food Bank of Delaware to secure stops at several of our community practices centrally located near the populations we serve. The proximity to these locations ensures community members can easily access the services offered (Food Bank drops and on-site pantry), as well as transport the items back to their homes without additional means of transportation. Moreover, with the on-site pantry, families can select items they wish to take home, alleviating challenges related to culturally inappropriate or unfamiliar preselected foods. We believe that bringing services closer to our patients' front doors can promote the ease and accessibility needed to get them the food they will use.

As we continue to embrace more community-facing, patient-driven work, it is imperative that we elevate the community voice when developing meaningful and effective intervention plans for the purposes of the CHNA and beyond. These values are reflected in the goals and metrics laid out in the 2023-2025 CHNA Implementation Plan.

Implement a Plan

[Redacted]

[Redacted]

[Redacted]

Initiative

- Partner with a mobile food pantry to coordinate regular stops at our practice locations across the Delaware Valley

Goals

- Identify at least two practice sites for pantry stops based on need and availability by the end of Y1, Q1 (March 31, 2023).
 - **Status:** Complete. In Y1, Q1, a total of two Delaware Valley sites were identified for pantry stops in the potential for additional expansion.
- Finalize MOU with the Food Bank of Delaware by the end of Y3, Q1 (Formerly 9/30/23, now March 30, 2025).
 - **Status:** On Hold. In Y1, Q1, an MOU between Nemours Children's and the Food Bank of Delaware reached the final signature stage, and internal processes were established to aid in the transition of pantry operations. In Y1, Q2, funding was not released in accordance with agreed-upon terms and all transition and expansion efforts related to food pantries were placed on hold due to a significant reduction in workforce, as well as changes within the organizational structure that have directly impacted these efforts. We have revised the timeline accordingly and anticipate moving forward in Y2.
- Partner with Nemours Children's Marketing and Communications (MarCom) Department to distribute promotional materials in at least two different modalities (web, print, app, text, etc.) by the end of Y3, Q1 (Formerly 9/30/23, now March 30, 2025).

Metrics (Continued)

- # of mobile food pantry visits per month by location
-

Progress reports will be posted annually on:
[Nemours.org/about/community-health-needs](https://nemours.org/about/community-health-needs)

Please direct all CHNA-related inquiries to:
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